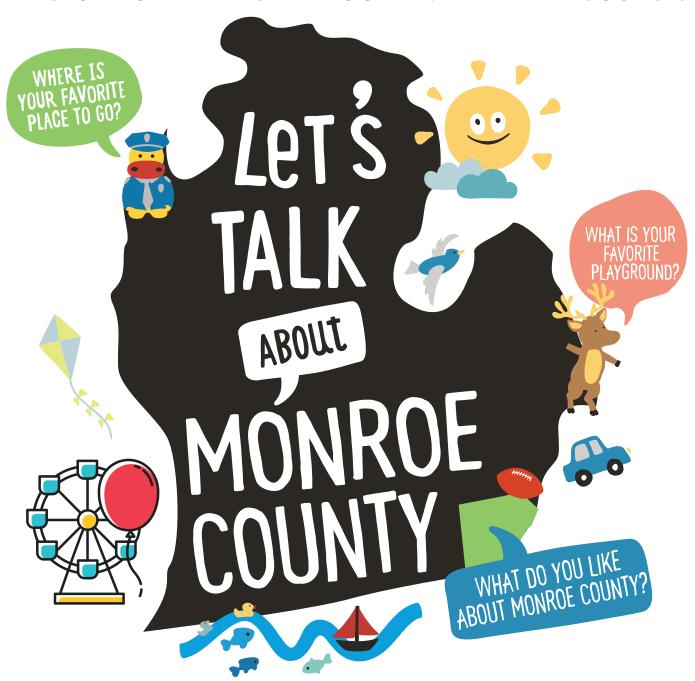
2025 MONROE COUNTY

Family Resource Guide

A DIRECTORY OF EARLY CHILDHOOD AND FAMILY RESOURCES











Questions or concerns about your child's health or development? 734-342-8780 • earlychildhood@monroeisd.us • • MCISDEarlyChildhood

Emergency Contact #s In case of an emergency, dial



Domestic Violence 24-Hour Crisis Line

734 **242-7233**



888-515-0595

Suicide Prevention 24-Hour Line

CALL 988
Text: HOME
to 741741

Poison Control Center

800-222-1222

Community Mental Health Authority 24-Hour Crisis Line

734-243-7340 or **800-886-7340**



Confidentially report criminal activities or harm to kids & schools

Text: **652729 (OK2Say)**Email: **OK2Say@Mlgov**Phone: **8-555-OK2Say**(**855-565-2729**)

To be connected to resources and supports 24-hours a day, for any reason, call 2-1-1 for help.





Children's Protective Services

1-855-444-3911

Pediatrician:	 	 	
Childcare:	 	 	
School:			

We're here to help you!

All caregivers need the support of strong community networks to help them help their children. Across Michigan, caregivers may, at times, lack easy access to information and resources that will help them be their child's first and most important teacher.

The Great Start Collaborative is a network of services and supports ranging from caregiver education, to resources and connections, to basic needs, in order to assist those caregivers in raising healthy, independent children.

Great Start Family Coalition Member Information

The Great Start Family Coalition is made up of caregivers of children under the age of 12 who advocate for our youngest citizens, and the programs that support them and their families. We hope you will join us on this grass roots effort to educate both individuals and groups about the importance of the first five years of a child's life.

If you'd like to join the GSC or join the Family Coalition, call Bridgette Halcomb, GSC Director at 734-342-8515

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Adoption/Foster Care Support

Ennis Center for Children 734-349-6546

15600-A S. Telegraph, Monroe, MI 48161 enniscenter.org

Family & Community Services 734-344-6606

754 S Monroe St., Monroe, MI 48161 facs.fcsserves.org/

Foster Care Clothing Closet 800-554-4966 x 223

mcfostercloset@gmail.com mcfostercloset.org/ Foster Home Licensing 734-625-7286 or 855-MICHKIDS fcnp.org/

Hands Across the Water 734-639-2234

781 Avis Dr., Suite 200, Ann Arbor, MI 48108

HATW.org

Adoption, Foster Care resources and support

Judson Center 734-545-3831

Foster Care Support

Childcare

For high-quality childcare, visit greatstarttoquality.org

Child Care Network 734-243-7451

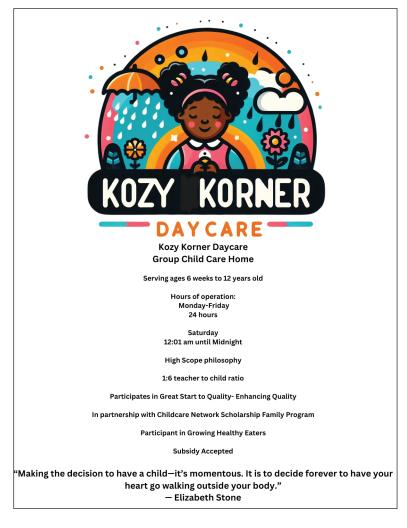
childcarenetwork.org

For assistance locating childcare or a preschool in your area.

Scholarships available

Department of Health & Human Services 734-243-7200

903 S. Telegraph, Ste. A Monroe, MI 48161 Childcare funding assistance available YMCA Childcare 734-241-2606 x 221 1111 W. Elm Ave Monroe, MI 48162



Clothing/Diapers

Damascus House

(Children & Adult Clothing)

734-242-8136 212 Smith St.

Monroe, MI 48161

Foster Care Closet

(Children Clothing only)

800-554-4966 ext 204

mcfostercloset.org

Goodwill Industries

(Children & Adult Clothing)

goodwillseMI.org

Dundee: 734-823-5510

119 Waterstradt Commerce

Dundee, MI 48131

Lambertville: 734-856-5373

7381 Secor Rd.

Lambertville, MI 48144

Monroe: 734-457-3447

255 N. Telegraph Rd. Monroe, MI 48162

Heartbeat of Monroe

(Children Clothing only)

734-243-6550

123 W. First St.Monroe, MI 48161

heartbeatofmonroe.org

Hope's Closet

(Children Clothing only)

734-755-2884

6370 Jay Dr.

Monroe, MI 48161

hopechurchofmonroe.com/hope-s-closet

New Beginnings Mercy House

(Children Clothing only)

734-240-2239, ext. 3877

40 N. Roessler St.

Monroe, MI 48162

newbeginningsmh.net/

Oaks of Righteousness

(Children & Adult Clothing)

734-241-5590 1018

1018 East Second St.

Monroe, MI 48161

oaksvillage.net/human-services-1

Thrift Shop Association

(Children & Adult Clothing)

734-384-3117

119 S. Monroe St. Monroe, MI 48161

Lets Talk about BREASTFEEDING

We know what life is like with a new baby!! We can help if you have questions about:

- Getting prepared for your breastfeeding experience
- Planning for returning to work/school
- How/when to use a breast pump
- Breastfeeding in public
- Medications and breastfeeding
- Concerns about your milk supply
- Management of clogged milk ducts
- Any other breastfeeding questions



BREASTFEEDING SUPPORT

ProMedica Monroe Regional Lactation:

- Individual breastfeeding consultations
- Help with latch-on & positioning
- Infant weight checks
- Call for more information (734) 240-4466

ProMedica Total Rehab:

- Help with latch-on & positioning
- Feeding observation and tips for tongue tie
- Guidance for movement & swallowing disorders
- Call for information (734) 240-1950

Mini Mitten Pediatric Therapy:

- Help with latch-on & positioning
- Individual feeding and swallowing assessments
- Oral motor exercises and tips for tongue tie
- Infant weight checks
- Call for information (734) 888-MINI

MCHD WIC & MIHP Program:

- Mother to mother phone breastfeeding support
- Individual breastfeeding consultations
- Help with getting baby to latch-on
- Infant weight checks
- Help with using and/or getting a breast pump
- FREE for WIC & MIHP participants; call for information/eligibility (734) 240-7800

MCHD Helping Baby Grow Program:

- Nurse home visit
- Infant weight check
- Eligibility: FREE for Monroe County Residents
- Call for appointment (734) 240-7800

BREASTFEEDING WARMLINE

734-240-7901

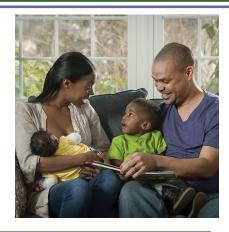
(phone support for ANYONE with a breastfeeding question)



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER







Classes & Websites

For New, Expectant and Experienced Mothers

Classes

Breastfeeding Basics Class

Topic: Getting off to a good start with breastfeeding. Location: Monroe County Health Department

Cost: FREE 734-240-7901

Breastfeeding Class

Topic: Getting off to a good start with breastfeeding

Location: ProMedica Monroe

Cost: FREE 734-240-8500

Child Birth Education Class

Topic: What to expect during labor and delivery.

Location: ProMedica Monroe

Cost: FREE 734-240-8500

Other Resources and Websites

Michigan Breastfeeding Network

Statewide collaborative for advocacy, education and coalition building to create a supportive breastfeeding culture. For more information please go to www.mibreastfeeding.org

Monroe County Breastfeeding Work Group

Collaborative of Monroe County breastfeeding advocates working to improve breastfeeding support within our community and services for individuals on their breastfeeding journey. Meetings happen semi-annually. For more information, please call 734-240-7946 or 734-240-4466.

cdc.gov/breastfeeding

womenshealth.gov/breastfeeding

wicbreastfeeding.fns.usda.gov

physicianguidetobreastfeeding.org

lactationtraining.com

kellymom.com

coffective.com

Dental Health

Family Medical Center familymedicalMl.org

Temperance 734-850-6920

8765 Lewis Ave. Temperance, MI 48182

Carleton 734 654-2169, option 1

130 Medical Center Dr. Carleton, MI 48117

The Opportunity Center at ALCC 734-241-2775 x 244

120 Eastchester Street Monroe, MI 48161



Education Assistance

Bedford Adult Education 734-850-6050

1135 Smith Rd., Temperance, MI 48182 bedford.k12.MI.us

The Learning Bank 734-265-4200

1102 East First Street Monroe, Michigan 48161 monroe.k12.Ml.us/TLB

High school completion and GED assistance, and English as a second language.

Michigan Alliance for Families

800.552.4821 en Español 313.2171060 michiganallianceforfamilies.org

Free Special Education Information, Resources and Support

Monroe County Community College 734-242-7300

1555 S. Raisinville Rd., Monroe, MI 48161 Free tuition for adults 25 years of age and older without a degree.

Youth Opportunity Program (YOP) 734-342-8523

Offering youth an opportunity to complete a diploma, GED or to get and keep a job. monroeisd.us/services/youthopportunity/ Facebook: "Youth Opportunity Program"

Education

Public Schools (K-12)

Airport Community Schools 734-869-7000

11270 Grafton Rd. Carleton, MI 48117 airportschools.com

Bedford Public Schools 734-850-6000

1135 Smith Road Temperance, MI 48182 bedford.k12.MI.us

Dundee Community Schools 734-529-2350

420 Ypsilanti St. Dundee, MI 48131 dundeecommunityschools.org

Ida Public Schools 734-269-9003

3145 Prairie Rd., Ida, MI 48140 idaschools.org

Jefferson Schools 734-289-5550

5707 Williams Rd., Newport, MI 48166 jeffersonschools.org

Mason Consolidated Schools 734-848-9401

2400 Mason Eagles Dr., Erie, MI 48133 eriemason.k12.MI.us

Monroe County Intermediate School District

734-242-5799

1101 S. Raisinville Rd., Monroe, MI 48161 monroeisd.us

Monroe Public Schools 734-265-3000

1275 N. Macomb, Monroe, MI 48162 monroe.k12.Ml.us

Summerfield Schools 734-279-1035

17555 Ida West Rd., Petersburg, MI 49270 summerfield.k12.MI.us

Whiteford Agricultural School 734-856-1443

6655 Consear Rd. Ottawa Lake, MI 49267 whiteford.k12.MI.us

Non-Public Schools

Holy Ghost Lutheran Church & School 734-242-0509

3563 Heiss Rd., Monroe, MI 48162 holyghostmonroe@gmail.com holyghostmonroe.org/home

Meadow Montessori School 734-241-9496

1670 S. Raisinville Rd., Monroe, MI 48161 meadowmontessori.org

Monroe Catholic Elementary Schools 734-241-6335

151 N. Monroe St., Monroe, MI 48162 MCESmonroe.com

St. Charles Borromeo Catholic Academy 734-586-2531

8125 Swan Creek Rd., Newport, MI 48166 scc.academy/

St. Joseph School 734-848-6985

2238 Manhattan St., Erie, MI 48133 stjoespherie.com/school-home

St. Mary Catholic Central High School 734-241-7622

108 W. Elm Ave., Monroe, MI 48162 info@smccmonroe.com smccmonroe.com

St. Patrick School 734-654-2522

2970 W. Labo Rd. Carleton, Michigan 48117 stpatscarleton.com

State Line Christian School 734-847-6771

6320 Lewis Ave. Temperance, MI 48182 statelinechristian.org

Trinity Lutheran School 734-241-1160

315 Scott Street Monroe, Michigan 48161 tlcmonroe.org

Zion Lutheran School 734-242-1378

186 Cole Rd. Monroe, Michigan 48162 zionmonroe.org

Charter Schools

New Bedford Academy 734-854-5437

6315 Secor Rd. Lambertville, MI 48144 newbedfordacademy.com

Triumph Academy 734-240-2610

3000 Vivian Road Monroe, MI 48162 Triumph-Academy.org



Employment

Michigan Works!
Monroe County Employment
& Training
240-7950 or 888-354-5500
1531 N. Telegraph
Monroe, MI 48162
co.monroe.Ml.us/employmenttraining

Michigan Rehabilitation Services (MRS)
734-241-2440
877-619-6649
903 S. Telegraph Road, Suite B
Monroe, MI, 48161

Youth Opportunity Program (YOP) 734-342-8523

The Youth Opportunity Program (YOP) offers Monroe County youth an opportunity to complete a diploma, GED or to get and keep a job go to monroeisd.us/services/youthopportunity. Facebook: "Youth Opportunity Program"

Food/Nutrition

Caring and Sharing 734-529-3535

Dundee United Methodist Church 645 Franklin St., Dundee, MI 48131 4:00 pm, 1st Wed. & Thurs. of the month

London Township Hall 734-439-1984 Ext. 6#

13613 Tuttle Hill Rd, Milan, MI 48160 4:00 pm, 1st Thursday of the month

Dept. of Health & Human Services 734-243-7200

903 S. Telegraph Rd., Suite A Monroe, MI 48161 michigan.gov/mdhhs

Family Medical Center Food Pharmacy Temperance 734-847-3802

8765 Lewis Ave., Temperance, MI 48182 familymedical Mlorg/food-pantry/ Wednesdays 10am - 3pm

Monroe 734-654-2169

901 N. Macomb Street, Monroe, MI 48162 familymedicalMlorg/food-pantry/ *Thursdays 10am — 1pm*

God Works! 734.241.8181

Meals served at 6:00 PM daily throughout the county. Locations can be found at gwsoupkitchen.com

The Lord's Harvest Pantry 734-241-2775

LEO-MRS-MonroeGeneral@michigan.gov

1140 South Telegraph Rd Monroe, MI 48161 Located inside Monroe County Opportunity Program (MCOP) Call for times and locations. monroecountyop.org

Michigan State University Extension Nutrition Education 734-240-3170

963 S. Raisinville Rd. Monroe, MI 48161 canr.msu.edu/Monroe

Monroe County Opportunity Program (MCOP) 734-241-2775 x 222

1140 S. Telegraph Rd. Monroe, MI 48161 monroecountyop.org

0aks Village 734-244-5444

924 East Second St., Monroe, MI 48161 oaksvillage.net/feeding-programs-1 Food boxes/food pantry

Salvation Army 734-241-0440

815 East First., Monroe, MI 48161

St. John Food Closet

511 S. Monroe St. Monroe, MI 48161 **734-241-8910**

Food distributed 3rd Saturday of every month from 10 am-Noon.

The Village Market 734-682-5431

1104 East Fourth Street Monroe, MI 48161 Non profit grocery store M-Sat. 9 am-8 pm; Sun 1-8 pm

Monroe Family YMCA 734-241-2606 x 242

Year-Round Food Service Program
All youth 18 and under are eligible for
free meals. For times and locations,
please call or visit monroefamilyymca.
org/programs/school-year-meal-program/

Women, Infants, and Children (WIC) Nutrition Program 734-240-7800

2353 S. Custer Rd. Monroe, MI 48161 co.monroe.MI.us

Health Care/Immunizations & Non-Emergency Services

Chitter Chatter Pediatric Center Speech, Occupational. **ABA Center** 734-682-5174 2086 S. Custer Rd., Monroe, MI 48161

Family Medical Center 734-847-3802 8765 Lewis Ave. Temperance, MI 48182 familymedicalMl.org

chitterchatterpc.com

Family Medical Center 734-654-2169 130 Medical Center Dr. Carleton, MI 48117

Family Medical Center 734-240-4851

901 N. Macomb info@chitterchatterpc.com Monroe, MI 48162

> Sacred Oaks Health Center 734-682-3060 924 E. 2nd St. Monroe, MI 48161 oaksvillage.net/health-services

ProMedica Monroe Family Medicine Residency Center 734-240-8430

650 Stewart Rd... Monroe, MI 48162

Mini Mitten **Pediatric Therapy** 734-888-6464

7447 N. Telegraph Rd.. Monroe, MI 48162 info@minimittentherapy.com minimittentherapy.com

Monroe County Health Department 734-240-7800

2353 S. Custer Rd., Suite 2 Monroe, MI 48161

Household Furniture & Home Furnishings

Now I Lav Me Down **Bed Ministry at First Presbyterian Church** of Monroe 734-242-1545

108 Washington St. Monroe MI 48161

Damascus House 734-242-8136 212 Smith St...

Monroe, MI 48161

Habitat Restore 734-243-1108 840 LaPlaisance Rd.

Monroe, MI 48161

Let's Build Beds 567-246-0616 letsbuild.org

New beds for children

In the Spirit of Giving 734-241-1644 610 W. Elm Ave. Monroe MI 48162 Rear of the IHM Motherhouse (northwest corner)

Thrift Shop Association 734.384.3117 119 S. Monroe St. Monroe, MI 48161

Oaks Village Furniture Bank 734-244-5444 924 E. Second St.

Monroe, MI 48161 Monday-Saturday 9 am-2 pm

PT • OT • SLP • Lactation • Mental Health • ABA



Mini Mitten **Pediatric** Therapy

Where we focus on the Mini Members of our Community



visit us on the web







or on social media



Housing

Family Counseling & Shelter Service 242-SAFE (7233), 734-241-0180 Suite 106, 14930 LaPlaisance Rd. Monroe, MI 48161

fcssmc.org

Family Counseling and Shelter Services also supports Sunrise House and Shelter, and Selah's Center of Hope.

Fairview 734-240-3190

3604 S. Custer Road, Monroe, MI 48161 Transitional shelter for disabled men and women

Habitat for Humanity 734-243-2048

14930 LaPlaisance Rd., Suite 111 Monroe, MI 48161 habitatmonroeMI.org

Monroe County Opportunity Program (MCOP) 734-241-2775 1140 S. Telegraph Rd.

Monroe, MI 48161 monroecountyop.org

Monroe Housing Commission 734-242-5880 20 N. Roessler St.,

Monroe, MI 48162 monroehousing.org

Oaks of Righteousness Shelter 734-241-5590 1018 E 2nd St., Monroe, MI 48161

Paula's House 734-242-6650

paulashouse.squarespace.com Positive environment for women who are homeless and struggling with

substance use disorder. Paula's House gives women a safe place to live to focus on ecovery and living a sober lifestyle.

Philadelphia House 734-242-4266

218 Washington St., Monroe, MI 48161 (Men only)

Salvation Army 734-241-0440

815 East First St., Monroe, MI 48161

Selah's Center of Hope 734-244-5123

14930 LaPlaisance, Suite 106 Monroe, MI 48161 Housing for women with unexpected pregnancy.



Literacy/Reading

ISD Literacy Coaches PreK: 734-322-2728 K-12: 734-322-2718

Monroe County Library System

734-241-5770 ref@monroe.lib.mi.us mymcls.com

Monroe County Library System Branch Locations

Bedford Branch 734-847-6747

8575 Jackman Rd. Temperance, MI 48182-9493

Blue Bush Branch 734-242-4085

2210 Blue Bush Rd. Monroe, MI 48162-9643

Carleton Branch 734-654-2180

1444 Kent St. Carleton, MI 48117-0267

Dorsch Memorial Branch 734-241-7878

18 E. First St. Monroe, MI 48161-2227

Dundee Branch 734-529-3310

144 E. Main St. Dundee, MI 48131-1202

Ellis Library and Reference Center 734-241-5277

3700 S. Custer Rd. Monroe, MI 48161-9716

Erie Branch 734-848-4420

2065 Erie Rd. Erie, MI 48133-9757

Frenchtown-Dixie Branch 734-289-1035

2881 Nadeau Rd. Monroe, MI 48162-9355

Ida Branch Library 734-269-2191

3016 Lewis Ave. Ida, MI 48140-0056

Maybee Branch Library 734-587-3680

9060 Raisin St. Maybee, MI 48159-0165

L.S. Navarre Branch Library 734-241-5577

1135 E. Second St. Monroe, MI 48161-1920

Newport Branch Library 734-586-2117

8120 N. Dixie Hwy. Newport, MI 48166-9703

Rasey Memorial Branch Library 734-848-4572

4349 Oak St. Luna Pier, MI 48157-0416

South Rockwood Branch Library 734-379-3333

5676 Carleton Rockwood Rd. South Rockwood, MI 48179-0047

Summerfield-Petersburg Branch Library

734-279-1025 60 East Center St.

Petersburg, MI 49270-0567

Robert A. Vivian Branch Library 734-241-1430

2664 Vivian Rd. Monroe, MI 48162-9212

Suicide Prevention 24-Hour Line: 800-273-8255 or Text: 741741

Mental Health

Care Solace 888-515-0595

ccsem.org

caresolace.com/monroeisd

Catholic Charities of Southeast Michigan (CCSEM) 734-240-3850, ext. 234 234 Colonial Ct., Monroe, MI 48162

Monroe Community Mental Health Authority 734-243-7340

1001 S. Raisinville Rd., Monroe, MI 48161 monroecmha.org

Family Counseling & Shelter Service 734-241-0180

14930 La Plaisance Rd., Suite 106 Monroe, MI 48161

fcssmc.org

Gabby's Grief Center 734-242-8773

2262 N. Monroe St., Monroe, MI 48162 gabbysgriefcenter.org

ProMedica Monroe Outpatient Behavioral Health 734-240-1760

730 N. Macomb St., Suite 200 Monroe, MI 48162

Family Medical Center School Support

To make an appointment, call 734-654-2169

Behavioral Health Services. Adult Counselina, Child Adolescent Counseling, Substance Use Disorder Services, and School-Based



Scan this code for more agencies listed in the Monroe **County Mental Health Resource Guide**

Christian Care Connection 734-854-7061

christiancareconnection.com

Dundee Office

Downtown Corner of Riley and Monroe 405 W. Monroe St. Dundee. MI 48131

Lambertville Office

Business Plus Buildina 6530 Secor Rd. Lambertville, MI 48144

Monroe Office

Inside Monroe Alliance Church 3975 S. Custer Rd. Monroe, MI 48161

Dimensions of Wellness 313-920-8771

2250 N. Monroe St., Monroe, MI 48162 info@dimensionsofwellness.org dimensionsofwellness.org

Opportunity Center at ALCC Orchard East Community Health Hub 734-241-4313 x244

120 Eastchester St. Monroe, MI 48161



We offer a wide range of therapeutic services to our clients including Group Therapy, Individual Therapy, Family Therapy, and Marriage Counseling.

Every client is evaluated on an individual basis to determine what therapeutic services would best fit their needs.

> Contact us: 313-920-8771 2250 N Monroe St, Monroe, MI 48162



WAYNE COUNTY CLINIC

23663 Park St. **** 313-689-5188 Dearborn, MI 48124 **6** 866-861-5188

MONROE COUNTY CLINIC

2086 South Custer Road **** 734-682-5174 Monroe, MI 48161 **4** 734-682-5325

LUCAS COUNTY

**** 734-682-5174 Home Based Services **4** 734-682-5325



Parent/Caregiver Support

MCISD Early Childhood Programs •

1101 S. Raisinville Rd., Monroe, MI 48161

- Help Me Grow , 734-342-8780
- Great Start Family Coalition 734-342-8654, jennifer.hay@ monroeisd.us

Michigan State University Extension 734-240-3170 or 517-993-8649

963 S. Raisinville Rd., Monroe, MI 48161 canr.msu.edu/child-family-development

Selah's Center of Hope 734-244-5123

14930 LaPlaisance, Suite 106 Monroe, MI 48161 Housing for women with unexpected pregnancy

Michigan Alliance for Families 800.552.4821

En Español 313-217-1060 michiganallianceforfamilies.org

FREE Special Education Information, Resources and Support

Monroe County Opportunity Program 734-241-2775

1140 S. Telegraph Rd., Monroe, MI 48161 monroecountyop.org

Women, Infants, and Children (WIC) Nutrition Program 734-240-7800

2353 S. Custer Rd. Monroe, MI 48161

co.monroe.Ml.us

Personal/Hygiene and Household Items

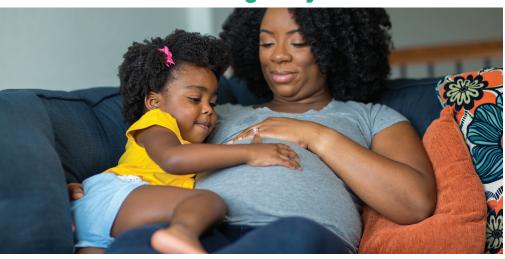
Heartbeat of Monroe 734-243-6550

123 W. First St. (Gateway Office Building) Monroe, MI 48161 heartbeatofmonroe.org

Selah's Center of Hope 734-244-5123

14930 LaPlaisance Suite 106 Monroe, MI 48161 Housing for women with unexpected pregnancy.

Pregnancy



New Beginnings Mercy House Christian Crisis Pregnancy Agency 734.240.2239

40 N. Roessler Street Monroe, MI 48162 newbeginningsmh.net

Catholic Charities of Southeast Michigan (CCSEM) 734-240-3850 234 Colonial Court Monroe, MI 48162 ccsem.org Women's Specialty Services
Mama & Me Maternal

Mama & Me Maternal and Infant Health Program (MIPH) 734-215-5543 mamamemihp.com/

Region 9 contact@region9.org region9.org/



Preschool

MCISD Early Childhood Programs 734-342-8780

1101 S. Raisinville Rd.
Monroe, MI 48161
Early On, Early Head Start, Head Start,
Great Start Readiness Program
monroeisd.us/departments/specialedecse/

Child Care Network 734-243-7451

childcarenetwork.org
For assistance locating childcare
or a preschool in your area.
Scholarships Available



At ProMedica, we believe that exceptional care should be accessible to everyone. From newborns to grandparents, our dedicated teams provide comprehensive services tailored to your family's needs.

From nurturing your little ones with expert attention and compassionate care to keeping every member of your family healthy, from routine check-ups to complex health issues.

We have several offices in Monroe with providers to care for you and your entire family. Schedule your appointment today and take the first step toward a healthier future!

ProMedica Physicians
Obstetrics | Gynecology
214 E. Elm Ave., Suite 200
734-430-3245

ProMedica Physicians
Monroe Pediatrics
750 Stewart Road
734-244-5380

ProMedica Physicians Family Medicine 419 S. Telegraph Road

734-241-1100

ProMedica Monroe Regional Hospital Family Medicine Residency 650 Stewart Road 734-240-8430

₹ PROMEDICA PHYSICIANS

Shelters (See Housing)

Social Security Administration 800-772-1213

1300 S. Telegraph Rd. Monroe, MI 48161

Substance Use Disorder Support/Counseling



<< Substance Use
Disorder Resource Guide

Drug and Alcohol Abuse Helpline (24 Hours) 734-357-8880

Catholic Charities of Southeast Michigan (CCSEM) 734-240-3850

234 Colonial Court Monroe, MI 48162

ccsem.org

St. Joseph Center of Hope (CCSEM) 734-357-8880

222 Colonial Ct. Monroe, MI 48162

Open 24 hours. A safe and welcoming environment while being provided with assistance to enter a treatment program for individuals 18 years of age and older. No insurance or referral is needed.

Salvation Army Harbor Light 734-384-3402 3250 N. Monroe Street Monroe MI 48162

ProMedica Pulmonary Rehab Stop Smoking Assistance 734-240-5301

Alcohol & Drug Treatment

CDC 24 Hour Quit Line 800-QUITNOW (800-784-8669) En Español 855-335-3569

Monroe County Substance Abuse Coalition 734-242-1331, ext. 5

https://www.unitedwaymlc.org/monroe-county-substance-abuse-coalition

Transportation

Lake Erie Transit 734-242-6766

lakeerietransit.com

Monroe County Opportunity Program (MCOP) 734-241-2775 ext. 209

Tutoring

Monroe County Learning Bank

(734) 265-4200

1102 E 1st St., Monroe, MI 48161 https://www.monroe.k12.mi.us/TLB

Lightbulb Lab Learning Center 734-755-5659

lightbulblablearningcenter@gmail.com

Monroe County Library System

Tutor.com

mymcls.com/research/online-resources/tutorcom/

The Opportunity Center at ALCC 734-241-4313

120 Eastchester Street Monroe, MI 48161 monroecountyop.org

Monroe Family YMCA Tutoring 734-241-2606 x 238

monroefamilyymca.org

Utility Assistance

Monroe County Opportunity Program (MCOP)

734-241-2775

1140 S. Telegraph Rd #4006 Monroe, MI 48161 monroecountyop.org

Salvation Army 734-241-0440

815 East First St. Monroe, MI 48161

DTE Payment Assistance Program 800-477-4747

dteenergy.com

Vision Services

Bedford Township Lions Club 734-847-5466

PO Box 301

8946 Lewis Avenue

Temperance, MI 48182

email: bedford_lions_club@yahoo.com

Monroe County Health Department Vision screening

734-240-7856

2353 S. Custer Rd. Monroe, MI 48161

Volunteer Opportunities

CASA (Court Appointed Special Advocates) 734-241-8182

9 Washington Street, Suite C Monroe, MI 48161

MCOP/Lord's Harvest Pantry 734-241-2775

1140 S. Telegraph Rd., Monroe, MI 48161 monroecountyop.org

Salvation Army 734-241-0440

815 E. First St., Monroe, MI 48161

Oaks of Righteousness 734-241-5590

oaksvillage.net/volunteer

Monroe Family YMCA 734-241-2606 x 229

monroefamilyymca.org

God Works! Meals 734-241-8181

gwsoupkitchen.com/html/Volunteer.html

The Opportunity Center at ALCC 734-241-4313

120 Eastchester Street Monroe, MI 48161

monroecountyop.org/volunteer.html

River Raisin Centre for the Arts

734-242-7722

114 S. Monroe Street, Monroe, MI 48161 riverraisincentre.org

Resources for opioid disorder & addiction visit knowmoremonroe.com

A Michigan baby dies every 2-3 days due to sleep-related causes. Following the safe sleep steps can help prevent these types of deaths.



SAFE SLEEP STEPS*

- Sleep on Back: Place baby on the back to sleep.
- In Own Sleep Space: Place baby in a crib, bassinet or pack and play with a firm mattress and a tightly fitted sheet. Baby's sleep surface should be flat.
- Remove Clutter: Keep baby's sleep space clutter free—no pillows, blankets or toys.
- Breastfeed: Feed your baby human milk, if you can.
- Room Share: Keep baby's sleep space near your bed—share your room, not your bed.
- Avoid Overheating: Make sure baby doesn't get too warm. If you think baby is cold, use a sleep sack or wearable blanket.
- No Smoking: Keep baby's environment smoke and nicotine-free.
- Reminders: Remind everyone who cares for your baby how to keep baby safe while sleeping.

*SOURCE: Michigan Department of Health & Human Services





CLICK HERE or Scan the code to request a Pack N Play





Contact
Christi Rogers
cancouncilmonroe@gmail.com

Monroe County Intermediate School District + Help Me Grow

FREE SCREENING CHILDREN NEWBORN TO AGE 5





Help Me Grow Michigan, along with Monroe ISD, are committed to ensuring that all children under the age of 5 years receive routine developmental screenings.

You know how critical the first five years are. The sooner you can catch a delay or disability, the sooner you can connect your child with services and supports that make a real difference.

Participation in this project is voluntary and at no cost to you.





<< Scan this QR code to get started

Questions? Nicole Seitz
Help Me Grow Coordinator
734-342-8780 | nicole.seitz@monroeisd.us

The Monroe County Intermediate School District does not discriminate on the basis of religion, race, color, national origin, disability, age, sex, sexual orientation, gender identity or expression, height, weight, familial status, or marital status in its programs, activities or in employment. The following person has been determined to handle inquiries regarding the non-discrimination policies: Eric Feldman, Assistant Superintendent for Human Resources and Legal Counsel, 1101 S. Raisinville Road, Monroe Michigan 48161; Telephone: 734.322.2640.

EDUCATIONAL PROGRAMMING

BIRTH THROUGH AGE 5

BUILD UP MICHIGAN

- MCISD provides a free educational evaluation and education services to children who have physical, social, emotional, or learning conditions that prevent them from succeeding in school
- MCISD works to meet students' needs so they can receive the best education possible

EARLY HEAD START

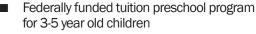


- Federally funded tuition FREE home visiting program for expectant moms and/or children 0-3 years old
- Socialization opportunities are offered
- Weekly home visits are required
- Transportation to and from necessary appointments
- Eligibility requirements apply

EARLY ON PROGRAM

- Provides early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities
- Supports families as their children learn and grow by providing parent education, developmental screening and tracking, and other educational support services.
- Services are provided in the home or in community-based settings

HEAD START





- Free for families that meet eligibility requirements
- Center-based preschool program offering 7.25 hours/day, Monday-Thursday
- Breakfast, Lunch and Snack provided daily
- 16 Classrooms are in various locations throughout Monroe County
- Limited transportation is offered at Riverside Early Learning Center

PARENT/CHILD INTERACTION GROUPS

The purpose is to encourage parent/child activities

such as reading and literacy, rhymes and songs,

music and movement, art and opportunities for

All Parent/Child Interaction Groups are free and

There are opportunities for children from birth

hosted at various locations around Monroe County

social development

to age five to attend

GREAT START READINESS PROGRAM (GSRP)



- Michigan's nationally recognized preschool program for children turning 4 by December 1
- Free for families that meet eligibility requirements
- High-quality preschool instruction focuses on early literacy, math and social emotional development
- Full, school day schedules operating Monday-Thursday
- Extended-year, 5 days per week available at several locations
- Transportation available at most locations
- Before and after-care programs available at several locations, at an additional cost
- Meals and snacks served daily
- Available in local school district, charters, and several community childcare locations



Monroe County

GREAT START COLLABORATIVE FAMILY COALITION

Are you looking to meet other parents and participate in early childhood conversations that matter? The GSFC meets monthly and provides dinner and childcare. Contact us for more information greatstart@monroeisd.us



SCAN THE CODE TO FILL OUT OUR REFERRAL FORM





QUESTIONS?, PLEASE CALL/EMAIL: 734-342-8780 OR EARLYCHILDHOOD@MONROEISD.US



This program and/or materials are funded through a grant provided by the Michigan Department of Lifelong Education, Advancement, and Potential (MiLEAP)

2025 MONROE COUNTY

Family Resource Guide

A DIRECTORY OF EARLY CHILDHOOD AND FAMILY RESOURCES

A Great Start for every child in Michigan: Safe, healthy and eager to succeed in school and in life

The purpose of Great Start is to assure a coordinated system of community resources and supports to assist all Michigan families in providing a great start for their children from birth through age eight.

The agency coordinating the Great Start Collaborative in Monroe County is the Monroe County Intermediate School District. Many different agencies, programs, and professionals make up this network in the County; however, under Great Start the agencies work in a collaborative manner to provide the family the services they need.

Published and printed in collaboration with:

Monroe County
Intermediate School District

1101 S. Raisinville Rd Monroe, MI 48161 www.monroeisd.us



The Great Start Collaborative of Monroe County 734-342-8515

email: greatstart@monroeisd.us





Help Me Grow www.helpmegrow-mi.org 734-342-8728





The materials are funded through a grant provided by the Michigan Department of Lifelong Education, Advancement, and Potential (MiLEAP)