

## OCTOBER 2024

MCISD Breakfast Menu

Extra milk .50 Adult Breakfast - \$3.01

Student breakfast - Free

\*These items may contain peanuts/nuts

	Monday	Tuesday	Wednesday	Thursday	Friday
			2	3	4
_	7	Apple Cinnamon French Toast Sausage link	Sausage Gravy Breakfast pizza	Maple Pancakes	Sausage, egg & potato Breakfast Bites
		Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk
7	7	8	9	10	11
/	Cinnamon Pancakes	Omelet & Bagel	Scrambled eggs & bacon	Breakfast pizza	Sausage gravy over biscuit Sausage patty
1	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk
	14	15	16	17	18
	Confetti Pancakes	Blueberry Waffle	French Toast Sticks Sausage link	Breakfast sandwich (egg, sausage, cheese on an English muffin)	Pancake & sausage on a stick
	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk
	21	22	23	24	25
	Funnel Waffles	Apple Cinnamon French Toast Sausage link	Sausage Gravy Breakfast pizza	Maple Pancakes	Sausage, egg & potato Breakfast Bites
T	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk
	28	29	30	31	SIL
	Cinnamon Pancakes	Omelet & Bagel	Scrambled eggs & bacon	Breakfast pizza	XIII
	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	Fresh fruit Choice of milk	Fresh fruit or 100% fruit juice Choice of milk	
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**Cold Breakfast items that are offered daily:**Yogurt, muffins, string cheese, Pop Tarts, cereal, granola bars etc....

Milk choices: 1% chocolate, 1% strawberry, 1% white

Fresh fruits are offered daily

BREAKFAST CONSIST OF; 1 ENTREES, FRUIT OR FRUIT JUICE, AND A MILK!